



Carolina Health centers, Inc.

Guidelines for Meetings and Gatherings

The following guidelines apply to any small gathering situation (no crowds, no patient exposures), which includes meetings and social gathering (lunches and breaks) of staff as well as **meetings of the CHC Board of Directors**. The CDC does not provide for any waiver based on a previous diagnosis of COVID-19.

The CDC does not differentiate between those who have had COVID-19 or the presence of antibodies; therefore, any reference to vaccination status is regardless of previous COVID infection.

For the purpose of these guidelines:

Non-family members are defined as those not living in a shared household.

Limited close contact is defined as consistently maintaining a separation of 6-feet or more.

Outdoor gatherings, for the most part, are considered safe with no need for masking. Limited close contact with non-family members is still required.

Indoor meetings have the following requirements:

- Limit close contact with non-family members. These means a minimum of six feet of separation when standing or seated.
- Those who are not fully vaccinated must wear a mask at all times.
- Those with weakened immune systems must wear a mask at all times
- Those who are fully vaccinated must wear a mask at all times if gathering with non-family members and/or unable to consistently maintain a distance of 6 feet apart.
- It is acceptable to remove one's mask only when you are with family members or able to maintain a consistent and safe distance of 6 feet or more.
- If you are vaccinated or unvaccinated and have a family member that is immune compromised, you need to stay masked or stay 6 feet away from everyone.
- Any and all outside staff providing support or food service during a meeting must wear masks at all times.