

## *Behavioral Health Monthly Report: September 2021*

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This table captures referrals from and interactions with various practices, as well as employee support from various sites.

Items:	Numbers:	Comments/Notes:
Referrals:	9	
Follow up:	Scheduled: 24 Completed: 17	
Employee Wellness Support:	Webinars: 0 Events: 1 Team Meetings: 0 Appointments/phone support:	Webinar Topics include: Team Meeting: Events: Breast Cancer Awareness MH Support
Case Consultations with Medical Provider:	6	
Care Coordination:	57	
Outside Events:	0	
Year to Date Referrals:	69	

For full definitions of above categories refer to page 4.

Further questions? Contact Jessica Jacobs, MA  
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This table reflects pediatric behavioral health data from Behavioral Health Consultant, Kim Little, MA, LPC, at The Children's Center.

Type:	Numbers:	Notes:
Total Patient Contact:	51	Number includes follow ups as well as initial contact
Warm Handoffs:	21	
Referrals:	0	
Follow Ups:	Scheduled: 46 Completed: 30	
Referrals Completed:	BCMHS: 6 Other: 10	Other includes referrals for caregivers, as appropriate.
Edinburgh PDS Positive:	0	

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### August data from Beckman Center for Mental Health Services

Site/Clinician	Active Cases	New Cases	Contacts	Notes
The Children's Center, Jessica Porter	56	0	0	Clinician out for surgery during September, Patients seen at GWD clinic, returned 10/1/2021
Uptown Family Practice, Corina Samarghitan	86 Adults: 79 Children: 7	4	84	
LC4/ Hometown Pediatrics	13 Adults: 13 Children: 0	0	0	All Patients seen at Laurens Clinic; Position vacant; BCMHS currently recruiting for position
Pendergrass, Lakelands, Calhoun Falls Family Practice	0	0	0	Position vacant; BCMHS currently recruiting for position

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BCMHS- Beckman Center for Mental Health Services

Case Consultations with Medical Provider- in person, telephone, or chart review discussions initiated by medical provider to discuss BH or SUD concerns pertaining to a CHC patient, BHC follow up may not be clinically indicated at that time.

Care Coordination- efforts initiated by BHC in an effort to speak with, meet with, or refer patient to appropriate services or in an effort to coordinate with other service providers.

Edinburgh Postnatal Depression Scale (EPDS)- a set of 10 screening questions that can indicate whether a parent has symptoms that are common in women with depression and anxiety during pregnancy and in the year following the birth of a child.

\*If the screen is positive, the parent is connected with BHC to make a follow up with their OB/GYN or Primary Care Physician prior to leaving TCC.

Employee Wellness Support- efforts by BHC to support the wellness of CHC employees, started during the COVID-19 pandemic due to increased stressors facing healthcare professionals. These efforts include: monthly 30-45 minute webinars, attending team meetings to speak about pertinent topics (self-care, coping skills, adjusting to new routines, etc.), individual support via phone, in person, or video formats.

Follow up- BHC appointment with patient following initial face-to-face meeting or telephone contact.

Referrals- any contact with provider to discuss a patient with the intent of that communication being that BHC will follow up and meet with patient, as well as BHC initiated referrals to appropriate services.

Outside events- instances in which CHC patients visit or are admitted to other health services, such as ER visits/admissions or in-patient or residential BH or SUD hospitals/facilities. These statistics are tracked in an effort to review circumstances prior to patient seeking alternative care, educate patients on resources CHC offers, connect patients to appropriate services, and to reduce unnecessary utilization of emergency services/higher levels of care.

\* Terri Woodrome, Director of Quality Improvement and the QI department and I are working collaboratively on this.

Warm Handoff- a primary care provider refers a patient to an integrated behavioral health consultant by directly introducing the patient to the BHC during their office visit.

Year to date referrals- number of referrals made to BHC since January 1, 2021.

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