



Carolina Health Centers Quality and Population Health 1st Interns!

Spring 2025

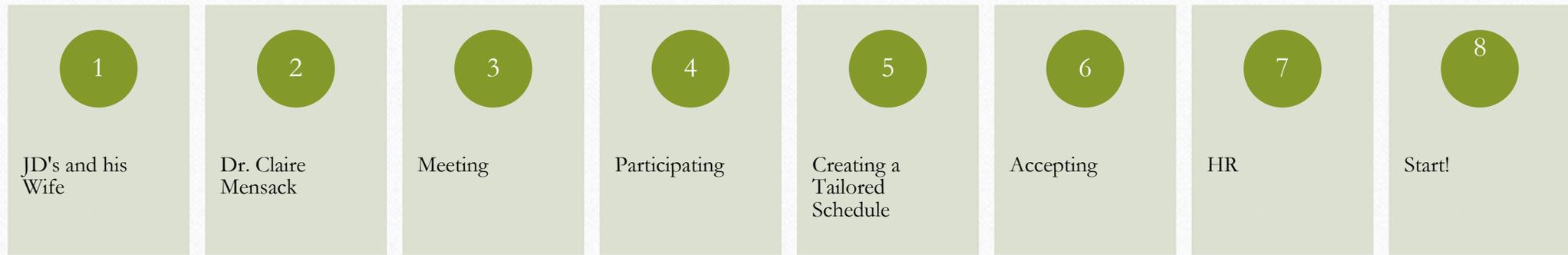
Lander University Seniors of the Public Health Bachelorette Program

Iyana Kelly

Jessica Avila

The Process

It's all about relationships!



Tentative Schedule: [Lander Public Health Intern projected schedule.docx](#)

Choosing the best Preceptor

- Natoya Leverette: Population Health Coordinator
 - Works in a variety of areas that are directly related to Public Health
 - Directly with patients
 - All locations
 - Families
 - Co-workers in all departments
 - Agencies in the community
 - Very knowledgeable about the company and the community
 - New to a supervisory role

Objectives

100 Hour

Internship



Orientation and Foundation



Shadowing the workings of an FQHC



Data Collection and Mapping



Project Development SDOH Focus



Finalizing the Project and Report



Orientation and Foundation

BJHCHS NBC News Reel- <https://youtu.be/KhSH1geDHXE>

NACHC History of CHCs- <https://www.youtube.com/watch?v=MufWXVFrUmQ>

<https://youtu.be/aV9jJpX0PZI?si=otB90qiM9Wg7aqsu>

Out in the Rural Documentary (22 minutes) <https://www.youtube.com/watch?v=UiunAOZ9iUg>

Out in the Rural Book- https://www.amazon.com/dp/0190624620/ref=mes-dp?_encoding=UTF8&pd_rd_w=hum8Z&content-id=amzn1.sym.7d2923e8-7496-46a5-862d-8ef28e908025&pf_rd_p=7d2923e8-7496-46a5-862d-8ef28e908025&pf_rd_r=SE101GMTQXW6FHB781TX&pd_rd_wg=f58pX&pd_rd_r=61012669-cc20-4471-90ed-884e18c64ecb

CHC Chronicles- <https://chcchronicles.org/>

Book- Community Health Centers: A Movement and the People Who Made It Happen- https://www.amazon.com/Community-Health-Centers-Movement-Critical/dp/0813539129/ref=sr_1_1?crid=ZNP6NZN38OKN&dib=eyJ2IjoiaMSJ9.4ha0-xiNQWFQsXH9vciz1Twp3lk8tlblWrsvOZ_a9mrhpWJWnfHbpExRoS4i8EOLKY9I3rniHt3ECN5xL6s4PXowxmlgFdjJvK9LlOOvZJCQD6NxQHkdpmexgKmaT29JtQf2_7hu_JjY169-dw11EozompYa2fKX925cQ2vIBz18lrhbB1S2vlqLXTvTO4O7gAdXMNhybdGhUynliQ8wxbqzqnrKw0-Q0tGpYTP0p0.wuPbcIT5Sv3h1AZYsAkkUNlp0bF8wOwqQcCr8x22P88&dib_tag=se&keywords=community+health+centers&qid=1738938663&prefix=community+health+centers%2Caps%2C128&sr=8-1



Shadowing the workings of an FQHC

-
- Department Introductions
 - BH Shadow
 - AWW/DEE Clinic Shadow
 - Tour all Locations

Intern
Deliverables
*Project
Blessing
Boxes*



Map: A comprehensive, updated map identifying locations, accessibility, and resource availability.



Report: Summary of findings with recommendations on how blessings boxes can improve community health and address SDOH.



Educational Materials: Flyers or brochures for FQHC patients on accessing blessings boxes.



Reflection: A written summary of skills gained, including how they align with public health competencies.

Introduction

Why Public Health?



Iyana Kelly

Passion
Advocacy
Empathy



Jessica Avila

Impact
Access
Justice

CAROLINA HEALTH CENTERS

SP 2025 INTERNSHIP

- Federally Qualified Health Center
- Services in rural areas
- Services Provided:
 - Family Medicine
 - Pediatric and Adolescents Care
 - Behavioral Health
 - Infectious Disease Care
 - Agricultural Worker Health
 - Pharmacy



Project Blessing Boxes

During our internship, our focus was on mapping out Blessing Boxes in the GLEAMNS service area. In addition to identifying their locations, we worked on planning, reconstructing, and maintaining boxes to ensure ongoing community support.

Objectives

-  Map Blessing Boxes in the service areas
-  Create awareness in the community
-  Reconstruct and resurrect existing boxes
-  Maintain the boxes for continued use

WHAT IS A BLESSING BOX?

- Purpose
 - **Provide Emergency Hunger Relief:** Offers non-perishable food to those facing food insecurity
 - **Promote Community Involvement:** Encourages local community members to contribute and support each other
 - **Offer Dignity and Respect:** Allows individuals to access essential items without judgment or bureaucracy
 - **Spread Kindness and Generosity:** Fosters a sense of compassion and unity within the community
 - **Address Basic Needs:** Supplies hygiene products, baby supplies, and other essentials
 - **Enhance Healthcare Literacy:** Resources to healthcare and other community resources.
- What is in a blessing Box?
 - Peanut butter
 - Oats
 - Canned vegetables
 - Pasta
 - Rice
 - Macaroni
 - Feminine products
 - Dental care items
 - Protein drinks
 - Juices
 - Canned meats
 - Crackers



Locations



Saluda, Ridge Spring, & Newberry



Disclaimer: Carolina Health Centers does not own these blessing boxes and cannot guarantee food supply.

Blessing Box Locations

Ridge Spring Baptist Church
112 Church Circle

Red Bank Baptist Church
309 E Church Street

Saluda Elementary School
400 W Butler Avenue

Nazareth Methodist Church
3159 Spann Road

Summer Memorial Lutheran Church
1609 Milligan Street

Newberry Housing Authority
175 Nance Forest Drive



Scan for full list in Lakelands



Greenwood & Hodges

Abney Memorial Baptist Church
210 Bypass 225 S

Residential House
128 Grace St

Matthews Mill Village
800 Wright Ave

Residential House
122 Young St

Carolina Health Centers
The Children's Center
113 Liner Dr

Jordan Memorial Baptist Church
1525 E Durst Ave

Near Marathon Gas Station
Reynolds & Grace St. Intersection

Rehoboth United Methodist Church
1808 Callison Hwy

Carolina Liquidators
210 N Creek Blvd

Galhsemane Church
5010 US-25

Saluda, Ridge Spring, & Newberry

Red Bank Baptist Church
309 E Church St

Saluda Elementary School
400 W Butler Ave

Nazareth Methodist Church
3159 Spann Rd

Ridge Spring Baptist Church
112 Church Cir

Summer Memorial Lutheran Church
1609 Milligan St

Newberry Housing Authority
175 Nance Forest Dr

McCormick, Abbeville, & Calhoun Falls

Abbeville Hardware
100 S Main St

Beulah Baptist Church
2054 SC-72 E

Muscle Hill Gym & Fitness
110 Depot St

Calhoun Falls Church of God
714 Fairfield Street

Laurens & Ware Shoals

Mt. Gallagher Baptist Church
11570 Indian Mound Rd

Christ Central Mission Statement
710 Magnolia St

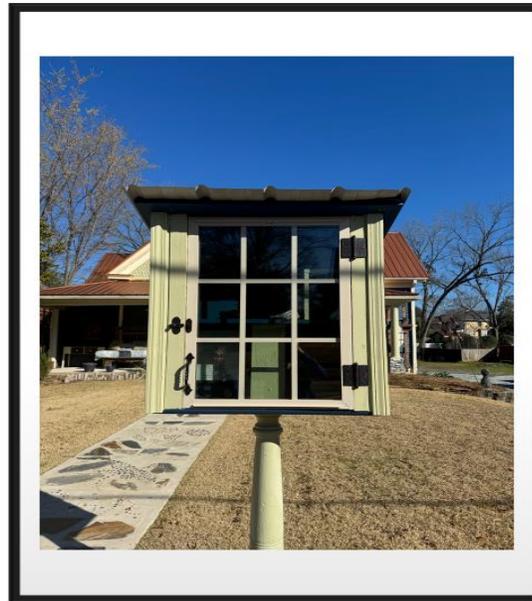
Straight Street Youth Center
220 W Main St

Laurens Baptist Crisis Center
60 Ranch Rd

The First
100 Conway Ave

Chosen Generation Ministries Worship
Center
20615 US 76

Blessing Boxes in the Community





Created awareness in the community



LIBRARIES



CHURCHES



TOWN
HALLS



HANDOUTS

🔧 Reconstruct and resurrect existing boxes





Maintain the boxes for continued use and Recommendations

Create Awareness

- Advertise locations and make others aware to donate

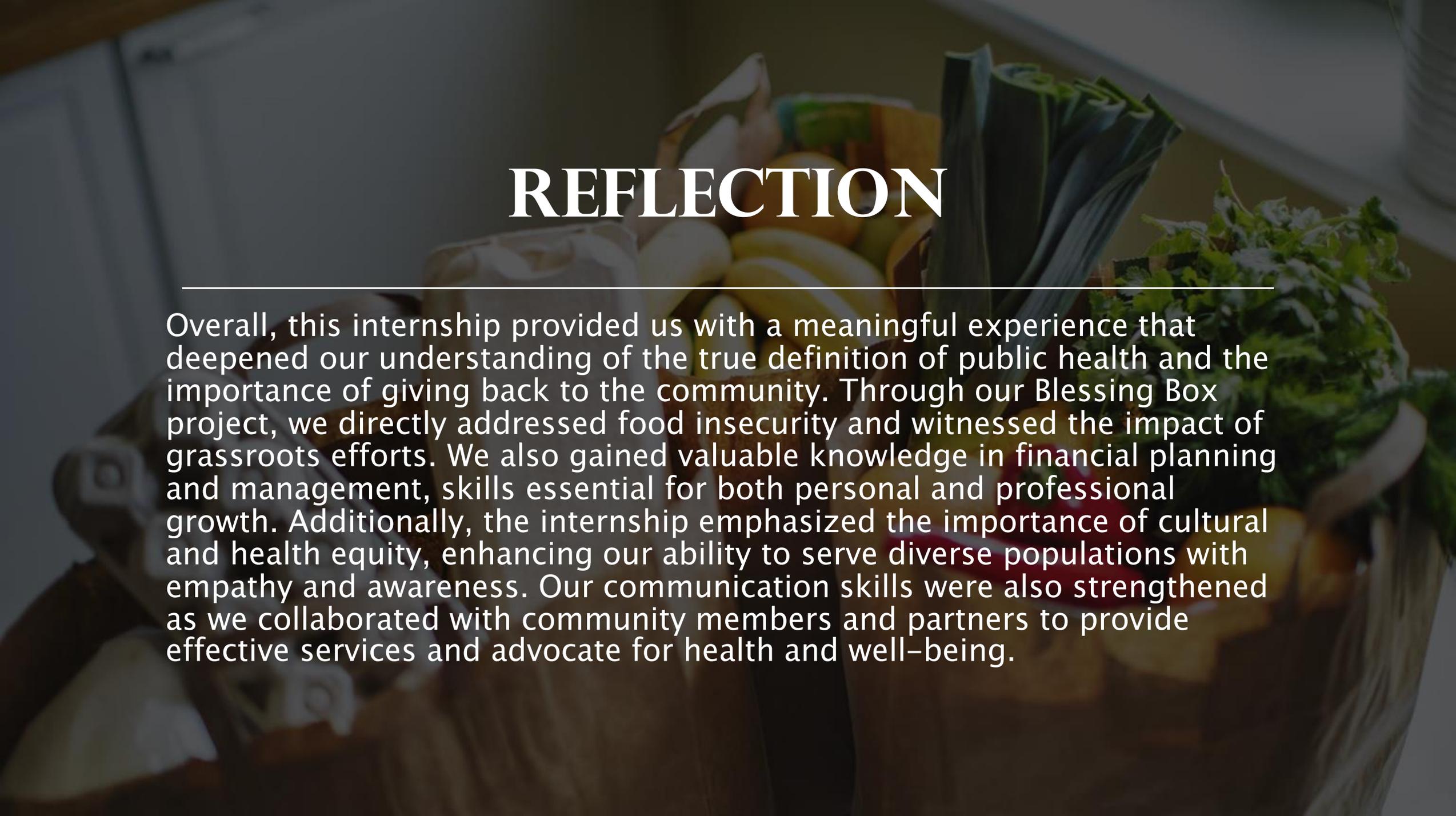
Try to donate to at least 5 locations that are more Rural

- Budget \$50/donations per box including earlier listed items supplied twice a month
 - \$500 budget if nothing is donated

Locations still in need of more boxes

- Calhoun Falls
- McCormick
- Lakelands





REFLECTION

Overall, this internship provided us with a meaningful experience that deepened our understanding of the true definition of public health and the importance of giving back to the community. Through our Blessing Box project, we directly addressed food insecurity and witnessed the impact of grassroots efforts. We also gained valuable knowledge in financial planning and management, skills essential for both personal and professional growth. Additionally, the internship emphasized the importance of cultural and health equity, enhancing our ability to serve diverse populations with empathy and awareness. Our communication skills were also strengthened as we collaborated with community members and partners to provide effective services and advocate for health and well-being.